

# Five Facts about HIV

**FACT**

**People who don't know** *they are infected* **are the source** *for most new HIV transmissions\**

\* This pattern applies to all Sexually Transmitted Infections

**FACT**

**U=U** (*Undetectable = Untransmittable*): **people cannot pass on HIV** *sexually if they are on effective treatment*

**FACT**

*Having* **any other STI hugely increases HIV risk**, *and having STIs (HIV included) without symptoms is common*

**FACT**

**Condoms, PrEP\*** *and* **U=U\*\*** *are 3 highly effective forms of HIV prevention backed up by solid research*

\* Pre-Exposure Prophylaxis for HIV

\*\* Undetectable=Untransmittable

**FACT**

*With* **early diagnosis** *and treatment,* **most HIV+ people will never get AIDS** *and will likely have a typical life-expectancy*

## Know Your Status!

Get **Tested** . Get **Treated** . End **HIV**

AIDS  
Coalition  
of Nova Scotia



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